



American Heritage Summer Day Camp

Lunch Menu

June



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	Chicken Patty on Bun Rice Pilaf Cooked Veggie	Grilled Cheese Tater Tots Cooke Veggie	Homemade Chili Rice Corn Muffin Cooked Veggie	Hamburger on Bun Fries Steamed Corn	Cheese Pizza Cooked Veggie
WEEK 2	Sabrett Hot Dog or Hot Dog Nuggets Baked Beans Steamed Corn	Chicken Nuggets Mac & Cheese Cooked Veggie	Meatball Sub Mashed Potatoes Cooked Veggie	Chicken Patty on Bun Tater Tots Steamed Corn	Cheese Pizza Cooked Veggie
WEEK 3	Bar-B-Que Chicken/Bun Buttered Potatoes Cooked Veggie	Grilled Cheese Tater Tots Cooked Veggie	Homemade Chili Rice and Corn Muffin Cooked Veggie	Hamburger on Bun Fries Steamed Corn	Cheese Pizza Cooked Veggie
WEEK 4	Sabrett Hot Dog or Hot Dog Nuggets Baked Beans Steamed Corn	Chicken Nuggets Mac & Cheese Cooked Veggie	Meatball Sub Mashed Potatoes Cooked Veggie	Chicken Patty on Bun Tater Tots Steamed Corn	Cheese Pizza Cooked Veggie

Served Daily

Pasta and Sauce

Sandwiches: Turkey, Ham, Cheese, Peanut Butter and/or Jelly

Green Salad with Cucumbers, Carrots, and/or Tomatoes

Apples, Bananas and/or Oranges and other Seasonal Fruits

Bagels with Cream Cheese, Butter, or Jelly

Yogurt and Apple Sauce

Water, Milk, Juice, Gatorade



*MENU SUBJECT TO CHANGE WITHOUT NOTICE